

MONTANA LODGE & SPA

LA THUILE, TALY

MONTANA SPA

OUR TREATMENTS

TREATMENTS

FACIAL BEAUTY KADIE' TREATMENT 25'

Innovative treatment with mandelic acid, natural acid, exfoliating, lightening and purifying. The mask isn't photosensitizing, makes the skin compact and smooth, visibly attenuates wrinkles. Immediate and extraordinary results.

FACIAL BEAUTY EXCLUSIVE TREATMENT 50'

- **INTENSIVE ANTI-AGE TREATMENT** : moisturizes, repairs and nourishes the skin of the face. Promotes cell renewal and delays the aging process.
- **ILLUMINATING AND REGENERATING** : for all skin types, thanks to the targeted active ingredients, the face is renewed, luminous and regenerated.
- **FACIAL CLEANSING with steam application** : cleanses and opens the pores, for a deep and purifying action.

FACIAL BEAUTY EXCLUSIVE TREATMENT 80'

- **SOIN SEVE DE VIE** : illuminating, stimulates cell regeneration, immediately giving brightness to the skin of the face, with anti-aging prevention.
- **SOIN LIFTALPES** : anti-aging, lifting and firming. Anti-aging repairer treatment to combat aggression caused by sun exposure, environmental pollution and biological ageing.

BEAUTY AND WELLNESS BODY 70'

SOIN CORPS COMME LA NEIGE : starting from a facial and body scrub we conclude with a relaxing total body massage

MASSAGES

SHORT MESSAGE 25'

FACE DECOLLETE' MESSAGE WITH JADE STONES

Facial massage with jade healing stone, symbol of tranquility and purity, it is an excellent anti-wrinkle..

BACK AND CERVICAL MESSAGE

Massage designed to discharge the tensions accumulated in the back and the neck.

MODELING MESSAGE

Act intensely on muscles and tissues.

REFRESHING LEG MESSAGE

Excellent post sports activities massage.

FOOT MESSAGE

Targeted massage on the specific points of the foot.

FAMILY MESSAGE

Massage dedicated to the well-being of mother and child, ensuring maximum mutual connection.

MASSAGES

THE CLASSICS 50'

RELAXING MASSAGE

Performed with enveloping maneuvers able to relax muscle and nervous tension, gives a psychophysical well-being.

MONTANA TOUCH

Fluid and rhythmic movements cross back, shoulder, neck, scalp and lower limbs loosening the accumulated stress.

MONTANA FUSION

The only treatment designed exclusively for your body combining ten massage techniques simultaneously.

SPORTS MASSAGE

Has the purpose of decontracting the muscles, warming the muscles and reducing stress.

DE-CONTRACTING MASSAGE

Acts deeply on the muscles.

LYMPHATIC DRAINAGE & DETOX MASSAGE

Facilitates the drainage of excess liquids, eliminates toxins and promotes good circulation.

HOT CHOCOLATE MASSAGE

A unique sensation for complete and fragrant relaxation.

COUPLE MASSAGE 180€

Is performed simultaneously by two therapists on two beds side by side in the same cabin through different manipulation techniques with essential oils in order to harmonize the energy of the couple.

MASSAGES

THE HOLISTIC 80'

MONTANA EXPERIENCE

Performed with warm cotton bags filled with salt and mountain spices.



AYURVEDIC MASSAGE

Has the aim of restoring balance between body and mind, this goal is achieved through the stimulation of energy centers the so-called CHAKRAS.

HOT-STONE MASSAGE

Performed with lava stones gives a feeling of well-being and muscle relaxation.

MASSAGES

THE RITUAL 90'

ANCIENT HAY RITUAL

Has a soothing, depurative and curative action on the whole body. At the end of the session a relaxing massage is carried out.

MONT BLANC HOT CHOCOLATE RITUAL

Nourishing and regenerating, peeling and massage gives a unique feeling for complete relaxation.

ROMANTIC RITUAL A' LA BOUGIE

Peeling and massage with candles to the precious vegetable butters.



BEAUTY AREA

BEAUTY AREA HANDS AND FEET

- CLASSIC PEDICURE 50'
- PEDICURE WITH SEMI-PERMANENT 80'
- CLASSIC MANICURE 50'
- MANICURE WITH SEMI-PERMANENT 80'



SOFT SENSE EPILATION

Delicate hair removal treatment also suitable for sensitive skin.

- WAX FULL LEG AND BIKINI AREA
- WAX FULL LEG
- WAX HALF LEG
- WAX BIKINI
- WAX TOTAL BIKINI AREA
- WAX ARMPITS
- WAX ARMS
- WAX BACK
- WAX EYEBROWS
- WAX LIPS

PRIVATE SPA

An exclusive space at Montana Spa, accessible by reservation, to spend moments of wellness in total privacy.

The PRIVATE SPA consists of :

- **RASUL BATH** (purifying, draining, peeling effect) for two persons
- **JACUZZI** for two persons
- **RELAXATION ROOM** with dried fruit and herbal tea
- **COUPLES' TREATMENT CABIN** : if you want to do the couples massage or our rituals.

PRIVATE SPA

HEALTHY PACKAGE 3 HOURS for two people

We have thought for you a pleasant journey of wellness and health, through the tasting of delicious detoxifying extracts, purifying teas, fresh fruit and a massage of your choice.

- Wild berries extract
- Kiwi, apple and ginger extract
- Grapefruit, cucumber and mint extract
- Fresh fruit from Aosta Valley
- Herbal tea with fennel
- Lemon and ginger tea

The most recommended **massage** for this relaxing moment is our **Ancient Hay Ritual** that has a relaxing action, cleansing and healing throughout the body.

PACKAGE DREAM FOR TWO 3 HOURS for two people

An unforgettable dream for two, exclusive for couples who want to enjoy a moment of total privacy within our Spa. You will be pampered with Champagne, strawberries, delicacies for the palate to taste and a massage of your choice.

- A BOTTLE OF CHAMPAGNE Laurent Perrier
- THREE CANAPE' CHOICES FROM OUR CHEF **STEFANO GRANATA**
- STRAWBERRIES

The most recommended **massage** in this intimate and relaxing dimension is our **Romantic Ritual à la Bougie** which has a nourishing and regenerating action, giving a immediate sense of well-being thanks to the use of scented vegetable butters candles.